

# **A Journey Back in Time: Life in Oman**

Discover the unique ways people lived in the past, focusing on fishing, homebuilding, and leisure activities.

# Life Back in Oman



- Life revolved around fishing and family
- People built homes together
- Leisure time was for family bonding
- Community was vital

# Traditional Dress

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- Natural materials were common.
- Handmade clothing reflected culture.
- Dress varied by region.



# Fishing Activities

- Families worked together on boats.
- Fishing was for food and trade.
- Skills were passed down through generations.





## Selling the Catch

- Selling fish supported families.
- Local markets were vibrant.
- Community bonding through trade.





# Building Homes

- Homebuilding involved the community.
- Local materials were used.
- Unique homes reflected culture.



# Early Bedtimes

- Rest was important.
- Early risers made the most of their day.
- Healthy routines supported families.





## Free Time Activities

- Storytelling was a cherished activity.
- Games encouraged creativity.
- Outdoor activities fostered bonding.





## Comparison to Today

- Modern life has changed.
- Family remains a priority.
- Community connections still matter.





# Lessons from the Past

- Reflection enhances appreciation.
- Traditions guide our future.
- Insights inspire change.



# Connecting Generations

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- Storytelling bridges generations.
  - Heritage strengthens identity.
  - Cultural practices thrive through sharing.

